Inflammation and Stem Cells in Gastrointestinal Carcinogenesis

Chronic inflammation-induced carcinogenesis is a commonly accepted entity and is frequently seen within the gastrointestinal tract, although the underlying mechanisms remain unclear. Alterations in specific oncogenes and tumor suppressor genes are known to be responsible for malignant transformation. Nevertheless, the inflammatory microenvironment classically affects tumor promotion in its role as an altered stem cell niche and can also affect tumor initiation and tumor progression. The origin of the tumor cells is often attributed to stem cells, a unique subpopulation within the tumor cells that possess the ability to initiate tumor growth and sustain self-renewal, and can also affect tumor initiation and tumor progression. Here, we review the link between inflammation and gastrointestinal carcinogenesis and the relationship between stem cells and cancer stem cells.

Inflammation Leads to Carcinogenesis

The development of cancer in various organs is often associated with chronic inflammation. In 1863, Virchow hypothesized that the origin of cancer was at sites of chronic inflammation (3). Since chronic injury or inflammation can over decades predispose to neoplastic progression, cancer has long been viewed as “the wound that will not heal” (17, 22). Many malignancies are initiated by tissue injury or chronic inflammation, which are often due to known bacterial, viral, or parasitic infections (56). Overall, ~15% of malignancies worldwide (1.2 million/year) can be attributed specifically to chronic infections (52). The most convincing examples of chronic inflammation-induced carcinogenesis are seen within the gastrointestinal tract (Table 1), where the risk for carcinogenesis increases in the presence of chronic inflammatory conditions such as esophagitis, gastritis, colitis, pancreatitis, and hepatitis (57). The bacterium helicobacter pylori, as an example, is one of the main contributing factors to the development of gastric cancer, which is the second most common cause of cancer-related mortality worldwide (39, 84).

Although the link between inflammation and carcinogenesis has been well established, the underlying mechanisms remain unclear (46). Under normal circumstances, the acute inflammatory response is self-limiting. However, abnormal cellular alterations accompanying chronic inflammation, such as oxidative stress, gene mutations, epigenetic changes, and inflammatory cytokine-induced cell proliferation, are proposed to be carcinogenic factors. The classical model for inflammation and cancer suggests that chronic inflammation leads to increased oxidative stress. Leukocytes generate reactive oxygen and nitrogen species normally produced to control infection but when present chronically can induce DNA damage in proliferating cells. In addition, chronic inflammation in the intestine appears to promote apoptosis of normal cells that leads to a compensatory, proliferative response by the remaining tissue (38). In contrast to this proliferative response, irreparable DNA damage, including DNA breaks, oxidative lesions, and telomere shortening, can induce senescence, a state of permanent cell cycle arrest. The senescence response can prevent the growth of cells that are potentially oncogenic but can nevertheless be overcome by loss of additional tumor suppressor genes (13).

Cancer development originating from chronic inflammation may be driven by inflammatory cells and a variety of mediators, which together establish an inflammatory microenvironment (36, 47). Chronic inflammation is characterized by leukocyte infiltration in damaged tissue (FIGURE 1 and Table 2). Initially, neutrophils and tissue mast cells are recruited as part of a multifactorial mechanism that coordinates inflammatory cell involvement. B lymphocytes, CD8+ cytotoxic T lymphocytes, and CD4+ T-helper lymphocytes are responsible for an adaptive immune response, following the acute activation of innate immunity, which involves primarily myeloid cells and dendritic cells (42). Pre-malignant and malignant tissues are associated with suppressed cytotoxic T lymphocyte responses associated with tumor rejection, in combination with enhanced humoral immunity that can promote tumor progression. B lymphocytes, the central component of this humoral immunity, have been found to inhibit Th1-mediated anti-tumor immune responses (91). For example, in a syngeneic mouse xenograft model of colorectal cancer, partial B-cell depletion resulted in significantly reduced tumor burden (4).

Furthermore, mast cells especially play an impor-
tant role in releasing inflammatory mediators that attract migratory inflammatory cells to the site. Then, monocytes migrate to the area, differentiate into macrophages, and become activated in response to local chemokine and cytokine interactions (77). Tumor progression depends, in part, on tumor-associated macrophages (TAMs), since there is a correlation between tumor-associated macrophage abundance and poor prognosis (21). In addition, macrophage-deficient mice display reduced progression of tumors to a more malignant phenotype (70). With the advent of the M1/M2 concept of macrophage activation, TAMs are generally considered as anti-inflammatory M2, characterized by an IL-10 high/IL-12 low cytokine profile and defective NF-κB activation. But it has become clear that inflammatory M1 significantly participates in carcinogenic processes via the secretion of the M1-associated and NF-κB-regulated mediators, such as TNF-α, IL-1β, and MMP-9 (31). It has to be considered that the relative abundance of M1 or M2 markers in TAMs might be related to the phase of tumor progression.

Cytokines Initiate and Promote Carcinogenesis

The cytokine-expression profile of tumor-associated macrophages could be part of the link between inflammation with tumor progression. In general, key proinflammatory cytokines include IL-1,-6,-8,-11,-12, and -18, IFN-γ TNF-α, and macrophage MIF (migration inhibitory factor). Anti-inflammatory cytokines include IL-4 and -10, and IFNα and β (19). Population-based studies by El-Omar et al. (23, 24) indicate that IL-1β is one of the essential proinflammatory cytokines modulated during H. pylori infection that directs the mucosa toward atrophy, metaplasia, and neoplastic transformation. Interestingly, high expressing gene-cluster polymorphisms in the IL-1 locus have been found in patients with stomach cancer (23, 24). Recent research from our laboratory has demonstrated that transgenic overexpression of the cytokine IL-1β in the gastric mucosa is sufficient to induce gastric cancer in uninfected mice (92).

IL-6 family members, such as IL-11, also are crucial cytokines promoting chronic gastric inflammation and are associated with tumorigenesis mediated by excessive activation of STAT3 and STAT1 (25, 43). MIF and IL-6 are both known to ameliorate p53 function, which favors cell survival. IL-6 also induces other anti-apoptotic genes including Bcl-2 and Bcl-XL. The role of IL-6 has become increasingly apparent with respect to colon carcinoma progression (7). IL-6 can inhibit dendritic cell maturation and, together with the NF-κB-activating cytokines IL-1 and TNF, can promote tumor progression (44, 65). Cytokines also affect cell death and cell cycle pathways, and IL-2 and TNF-α are able to induce apoptosis in colon cancer cells. IL-10 is secreted by tumor cells as well as macrophages, and among other effects, it inhibits cytotoxic T-cells and thus aids in suppressing the immune response against the tumor (59). The profile of cytokines existing at an inflammatory site seems to define outcome of chronic inflammation and carcinogenesis. For example, TNF-α, which is produced mainly by macrophages but also by tumor cells, is associated with tissue destruction and plays a role in destroying tumor blood supply (46). However, when chronically produced, it can act as a tumor promoter by contributing to tissue remodeling and stromal development. In many preneoplastic conditions, an inflammatory cell infiltrate is already well established and drives pro-tumor effects (96).

Table 1. Inflammation-induced cancer

<table>
<thead>
<tr>
<th>Tumor</th>
<th>Inflammation</th>
<th>Etiology</th>
</tr>
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<tbody>
<tr>
<td><strong>Gastrointestinal</strong></td>
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<tr>
<td>Hepatocellular carcinoma</td>
<td>Chronic hepatitis</td>
<td>Hepatitis C and B virus</td>
</tr>
<tr>
<td>Gastric cancer</td>
<td>Chronic gastritis</td>
<td>Helicobacter pylori</td>
</tr>
<tr>
<td>Colon cancer</td>
<td>Inflammatory bowel disease</td>
<td>Ulcerative colitis and Crohn’s disease</td>
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<tr>
<td>Pancreatic cancer</td>
<td>Chronic pancreatitis</td>
<td>Alcohol</td>
</tr>
<tr>
<td>Gallbladder carcinoma</td>
<td>Chronic cholecystitis</td>
<td>Bile stones, bacterial infections</td>
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<tr>
<td>Esophageal adenocarcinoma</td>
<td>Reflux esophagitis</td>
<td>Gastric and bile acids</td>
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<tr>
<td><strong>Non-gastrointestinal</strong></td>
<td></td>
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<tr>
<td>Lung adenocarcinoma</td>
<td>Tuberculosis</td>
<td>Mycobacterium tuberculosis</td>
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<tr>
<td>Pleuramesothelioma</td>
<td>Asbestosis</td>
<td>Asbestos</td>
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<tr>
<td>Bronchial carcinoma</td>
<td>Chronic bronchitis</td>
<td>Cigarette smoking</td>
</tr>
<tr>
<td>Melanoma</td>
<td>Skin inflammation</td>
<td>UV light exposure</td>
</tr>
<tr>
<td>Cervical cancer</td>
<td>Chronic cervix</td>
<td>Papilloma virus</td>
</tr>
<tr>
<td>Kaposi sarcoma</td>
<td>AIDS</td>
<td>HIV</td>
</tr>
<tr>
<td>Nasopharyngeal carcinoma</td>
<td>Airway infection</td>
<td>EBstein Barr virus</td>
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<tr>
<td>Lymphoma</td>
<td>Mononucleosis</td>
<td>EBstein Barr virus</td>
</tr>
<tr>
<td>Bladder cancer</td>
<td>Schistosomiasis (Bilharziose)</td>
<td>Schistosoma hematobium</td>
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Consequently, persistent activation of tumor-associated macrophages can result in continued tissue damage through the stimulation of local tissue remodeling, cellular proliferation, and angiogenesis. This helps to potentiate neoplastic progression and influences cancer cells and, interestingly, bone marrow stem cells (3, 38). Recently, it was shown that both enhanced Wnt expression and infection by gastric microflora induce submucosal infiltration by macrophages secreting high levels of tumor necrosis factor-α (TNF-α). Binding of TNF-α to TNF receptors on gastric epithelial cells enhanced Akt phosphorylation that in turn induced glycogen synthase kinase 3β (GSK3β) phosphorylation, resulting in stabilization and nuclear accumulation of β-catenin that potentiated gastric carcinogenesis. The study describes an additional tumor-promoting role for macrophages, independent of NF-κB-regulated pathways in epithelia, by providing a link between the proinflammatory cytokine TNF-α and Wnt/β-catenin signaling (72).

Nevertheless, there is an important role for NF-κB in the link between inflammation and cancer (30). The upregulated expression of cytokines and growth factors promotes cancer cell proliferation both directly and indirectly by increasing NF-κB-mediated angiogenesis, tumor invasion, and metastasis, with anti-apoptotic proteins protecting against apoptosis and immune attack. In a mouse model of colitis-associated cancer, a deletion of IKK-β (leading to decreased NF-κB activity) in enterocytes showed that the tumor-promoting activity of NF-κB results from its ability to suppress the apoptosis of chemically transformed pre-malignant cells. In this model, mice were injected with the procarcinogen azoxymethane (AOM) followed by oral administration of dextran-sulphate sodium salt (DSS), which induces chronic colitis. The exposure of macrophages in the lamina propria to enteric bacteria resulted in the activation of NF-κB, leading to the production and secretion of pro-inflammatory cytokines.
that activated NF-κB in intestinal epithelial cells. Enterocyte-specific IKK-β-mediated inhibition of NF-κB decreased tumor incidence without affecting progression or initiation, indicating that the IKK-β-dependent NF-κB activation pathway operates during early tumor promotion. NF-κB activation also leads to a suppression of autophagy, which is an alternative cell death pathway that is called in to play when apoptosis is inactivated. Furthermore, NF-κB contributes to drug resistance in cancer cells (8, 57).

Classically, inflammation affects tumor promotion, but according to the NF-κB data and our latest findings that IL-1β overexpression can induce gastric cancer (92), inflammation also affects tumor initiation and tumor progression. For tumor promotion, inflammation triggers the clonal expansion of initiated cells, owing to increased cell proliferation and reduced cell death. Finally, chronic inflammation might lead to invasion and metastasis, as well as an increase in tumor size. During the later stages, additional mutations can be acquired, and this leads to the cancer cell gaining a further growth advantage and acquiring a more malignant phenotype (60, 95).

**Interaction of Seed and Soil**

Alterations in specific oncogenes and tumor suppressor genes have been identified in a number of cancers and shown to have causal roles in the initiation, maintenance, and progression of tumors (28, 93). This genome-centric view of tumor progression, however, has largely ignored the substantial contribution of the tumor microenvironment to the malignant phenotype (62). Although the “seed and soil” hypothesis of Paget (75) dates back to 1889, the molecular determinants of the “seed” are currently much better delineated than those of the “soil” for either primary or metastatic lesions (26).

Tissue stem or progenitor cells are thought to reside within a “niche” or a group of cells and extracellular substrates that provides an optimal microenvironment for normal differentiation (12). Tissue-restricted stem cells are in general difficult to identify morphologically and are not easily distinguished from other epithelial cells by any recognized set of markers, except for perhaps their ability to proliferate and self-renew (10, 11). Stem cells within a niche are present in relatively small numbers and remain largely quiescent, undergoing division at a very slow rate (82). The stem cells usually divide asymmetrically, producing one identical quiescent daughter cell and one transient amplifying cell, which is responsible for the bulk of cell division. Transient amplifying cells appear to have a limited lifespan and are replaced periodically by descendants of the true stem cell. This mechanism of maintaining the stem cell in a relatively dormant state protects the genome from mutations while delegating the genetically dangerous task of repeat replication to a largely dispensable cell. The stem cell niche is believed to be primarily responsible for this slow cell division, protecting the vulnerable stem cells (and their genetic material) from damage or exhaustion and protecting the host from unregulated stem cell outgrowth. On the other hand, alterations in the stem cell niche might be responsible for the transformation of stem or progenitor cells to tumor stem cells (66, 97). For gastrointestinal tumors, the location of the stem cell giving rise to cancer has in most cases not been identified.

A tumor is usually not a homogeneous mass of cancer cells but can contain up to 60–90% stromal cells. A significant source for some of these heterogeneous stromal cells is the bone marrow. Alpha smooth muscle actin (αSMA) expressing myofibroblasts, many of which are bone marrow derived, contribute to cancer-associated fibroblasts (CAFs) that express SDF-1 and which in turn recruit endothelial progenitor cells that enhance angiogenesis. Furthermore, macrophages and other leucocytes are also stromal cells that create the aberrant tissue microenvironment (45, 88). Although stromal cells are vital for the survival and growth of the tumor, they themselves are typically not malignant. Interestingly, myofibroblasts are found in conditions and environments other than cancer, such as the purported stem cell niche of solid organs such as the colon. However, they are found in increased number in chronically inflamed tissues and preneoplastic lesions, where they may contribute to the local production of growth factors and chemokines (73, 74).

**FIGURE 2.** Schematic illustration of the location of putative small intestinal stem cell and progenitor cell markers.
Cancer Stem Cells Initiate Tumor Growth

A tumor can be viewed as an aberrant organ initiated by a tumorigenic cancer cell that acquired the capacity for indefinite proliferation through accumulated mutations. The classical theory that epithelial cancers such as gastric carcinoma arise from resident epithelial cells dates back to the 19th century and can be attributed to the work of Waldeyer. The theory that cancer in adult develops from stem cells represents a modern interpretation of the “embryonal rest theory” developed by Julius Cohnheim in 1867 (32). This cancer stem cell hypothesis suggests that cancer arises from resident tissue stem cells or their early descendants (e.g., restricted progenitors) and that the tumor can be viewed as an aberrant but heterogeneous organ, in which only a small subset of cancer cells, the “cancer stem cells,” are capable of extensive proliferation and metastatic spread (82). If one views a tumor as an abnormal organ, then the principles of normal stem cell biology can be applied to understand better how tumors develop. Both normal stem cells and tumorigenic cells give rise to phenotypically heterogeneous cells that exhibit various degrees of differentiation (54). Thus tumorigenic cells can be thought of as cancer stem cells that undergo an abnormal and poorly regulated process of organogenesis analogous to what normal stem cells do (50). Cancer stem cells are defined as the unique subpopulation in the tumors that possess the ability to initiate tumor growth and sustain self-renewal as well as metastatic potential (15, 87). Colon cancer stem cells, for example, were believed to originate from a rare population of putative CD133+ colonic stem cells. Nevertheless, recent findings suggest that, in several human colon tumors, EpCAM and CD44 are perhaps more robust markers of colon cancer stem cells than CD133 because CD44 appeared to be informative in tumors that do not express CD133. Furthermore, in several CRC tumors, including both xenografts and primary tumors, CD166 can be used for further enrichment of colon cancer stem cells within the EpCAMhigh/CD44+ population (18). Since CD44 is a well-established, immature differentiation marker in human colonic mucosa, this underlines the hypothesis that cancer stem cells arise from tissue stem cells that, although genetically monoclonal in origin, differ in their functional state of differentiation. Other studies have supported this view that CD133 is not a specific marker and that a subset of cells in colon cancer are negative for CD133, consisting of primarily nontumorigenic stromal and inflammatory cells (37). Although recent findings support the existence of human gastric cancer stem cells, the precise origin and surface markers have yet to be elucidated (90).

Concerning the origin of cancer stem cells and cancer cells, three types of cells have to be taken into account: 1) tissue or bone marrow-derived stem cells, 2) tissue progenitor cells, and 3) normal, differentiated tissue cells. The latter appears to be the most unlikely but has to be considered since reprogramming of fibroblasts and lymphocytes is possible (33, 89). Concerning the stem cell possibilities, resident adult or tissue stem cells may, in a chronically inflamed environment, slowly acquire a series of genetic and epigenetic changes that lead to their emergence as cancer stem cells. Alternatively, the setting of chronic inflammatory stress and injury may lead to loss of the indigenous stem cells from their niches; bone marrow-derived stem cells may then be recruited to and engraff into the gastric epithelium. Such recruited cells would have the potential to contribute to the tumor mass.

Table 2. Inflammatory cells contribute carcinogenesis

<table>
<thead>
<tr>
<th>Cell Type</th>
<th>Function</th>
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<tbody>
<tr>
<td>Macrophages</td>
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<tr>
<td>M1 “classical activation”</td>
<td>Strong promoters of Th1 immune responses</td>
</tr>
<tr>
<td>M2 “alternative activation”</td>
<td>Anti-inflammatory macrophages</td>
</tr>
<tr>
<td>Tumor-associated macrophages (TAM)</td>
<td>Promote tumor progression by:</td>
</tr>
<tr>
<td></td>
<td>1) Induction of angiogenesis</td>
</tr>
<tr>
<td></td>
<td>2) Remodeling of extracellular matrix</td>
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<tr>
<td></td>
<td>3) Stimulation of cell proliferation, migration, invasion</td>
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<td></td>
<td>4) Inhibition of adaptive immunity</td>
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<tr>
<td>Lymphocytes</td>
<td>Anti-tumor response</td>
</tr>
<tr>
<td>T lymphocytes</td>
<td>Pro-tumor effects in developing neoplasms</td>
</tr>
<tr>
<td>B lymphocytes</td>
<td>Inhibit Th1-mediated anti-tumor immune responses</td>
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<tr>
<td>Inflammatory cells</td>
<td></td>
</tr>
<tr>
<td>Neutrophils</td>
<td>First response of innate immunity</td>
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<tr>
<td>Mast cells</td>
<td>Disruption of tissue homeostasis</td>
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Bone Marrow-Derived Cells Can Contribute to Epithelial Cancer

Stem cells are now thought to span a spectrum from cells of the zygote through embryonic stem (ES) cells to more lineage-restricted adult tissue stem cells. Bone marrow-derived stem cells, while not pluripotent like ES cells, possess a wide range of plasticity and tend to migrate through peripheral organs as a result of inflammation and tissue injury (82). The differentiation pattern and growth regulation of these cells may depend largely on local environmental signals and cues (66). Adult somatic stem cells are defined by two major properties: the ability to generate more stem cells (self-renewal) and the ability to generate differentiated cell lineages (multi lineage differentiation). To establish the presence of these two properties, the
Gold standard is to assess both of them in vivo and in vitro (54). Several studies have shown in vitro that many tissues carry cells capable of self-renewal and of giving rise to differentiated cell types. Recently, the identification of circulating progenitor cells capable of functioning as lineage-specific stem cells (such as endothelial progenitors) raises questions as to whether distinct and unique stem cell populations exist for each organ or tissue or whether a more centralized source of stem cells exists, with the organ-specific niche the ultimate determinant of stem cell function (40, 51, 53).

Bone marrow-derived epithelial cells have been identified in the lung, gastrointestinal tract, and skin of mice after transplantation of a single purified hematopoietic bone marrow-derived stem cell. In the gastrointestinal tract, grafted cells were present as rare isolated epithelial cells in the esophagus, the small intestinal villi, the colonic crypt, and the gastric pit of the stomach. Research conducted in our laboratory found in a mouse model of gastric cancer that bone marrow-derived cells (BMDC) contribute to at least parts of both the neoplastic glands originated from BMDCs (38) and more recently to carcinoma-associated fibroblasts (unpublished observations). This model might be restricted to cancers that arise after inflammatory tissue destruction, such as after severe gastric ulceration, and it remains unclear how bone marrow-derived cells undergo malignant conversion after arrival at the gastric mucosa. It has been suggested that the apparent stem cell plasticity may be explained by fusion between a bone marrow-derived and a peripheral cell. In 1911, Aichel first proposed that the source of aneuploidy could be fusion of tumor-invading leukocytes with cancer cells. Two recent publications elegantly extend previous findings on so-called heterotypic cell fusion (41, 71). Inflammation seems to be a trigger for fusion of myelo-lymphoid cells with non-hematopoietic cells, including cardiomycocytes, skeletal muscle, hepatocytes, and Purkinje neurons. Both studies also indicate that heterokaryon formation is a slow process occurring over many weeks of chronic inflammation (41, 71, 94). Another potential explanation for cell fusion might be a role for molecular mediators from macrophages in chronic inflammation. It has been shown in the colon that transplanted bone marrow-derived cells fuse with both normal and neoplastic intestinal epithelium (83). Long-term repopulation by donor-derived cells was detected in all principal intestinal epithelial lineages, including enterocytes, goblet cells, Paneth cells, and enteroendocrine cells, suggesting that the fusion partners of the bone marrow-derived cells are long-lived intestinal progenitors or stem cells. Interestingly, fusion of bone marrow-derived cells with neoplastic epithelium did not result in tumor initiation.

Nevertheless, human studies following gender discordant allogeneic stem cell transplantation have provided supporting evidence that epithelial malignancies can arise from donor cells or BMDCs. In a case report, a child developed a de novo metastatic renal cell carcinoma after allogeneic liver and bone marrow transplantation, and tumor cell hybridization with donor bone marrow cells was suggested as a possible explanation (14). Furthermore, donor-derived cancers were described in patients who had undergone not bone marrow but kidney transplants (1). Kidneys are known to harbor mesenchymal progenitor cells that show some degree of multipotency and multilineage differentiation (76). Another report of two women with colonic neoplasia after hematopoietic cell transplantation from male donors showed that, with 4% of adenoma epithelial cells, bone marrow-derived cells directly contribute to neoplastic cells in, for example, colonic adenomas and other secondary tumors (16).

The most recent study investigated four male patients who developed solid organ cancers 1–7 years following total body irradiation and bone marrow reconstitution from female donors (2). Donor-derived cancer cells were observed in 2.5–6% of the tumor cellularity, indicating a mixture of donor and recipient cells, but with regions that individually were clearly clonal in origin consistent with the emerging view that many tumors begin as polyclonal lesions.

Taken together, evidence is emerging that bone marrow-derived stem cells directly contribute to several human tumors and have a role in solid organ carcinogenesis, where they can contribute directly to the neoplastic lineage. Chronic inflammation appears to increase homing of bone marrow-derived stem cells, macrophages, or myofibroblasts within these peripheral sites and may actually be required for successful engraftment (2, 16).

Furthermore, bone marrow-derived endothelial progenitor cells can contribute directly to angiogenesis in tumor formation (20). Malignant transformation and the continued growth of a malignant cell require a fertile microenvironment. Myofibroblasts and endothelial cells have been shown to derive in part from circulating bone marrow progenitors (74). Inflammatory cells and carcinoma-associated fibroblasts are important cells within the peritumoral stroma, helping to promote an environment permissive of tumor growth, invasion, and angiogenesis. Together with the tumor cells, they release factors responsible for the mobilization of bone marrow-derived endothelial progenitor cells and induce them to migrate and become incorporated into the developing vasculature of the tumor. Karnoub et al. recently reported that bone marrow-derived human mesenchymal stem cells, when mixed with otherwise weakly metastatic human breast carcinoma cells, cause the cancer cells to increase their metastatic potency greatly, through stimulation of de novo secretion of the chemokine CCL5, when this cell mixture is introduced into a subcutaneous site and allowed to form a tumor xenograft (48).
Locating the Stem Cell and Tumor Stem Cell

Stem cells in the gut are located in specific sites, and a realization has emerged that stem cells should be found in the areas of high cell turnover. In the small intestinal crypt, cell migration begins at the base of the crypt, and cells migrate from here, emerging onto the villi, indicating that basal crypt cells could be candidates for stem cells. The microenvironment for a specific cell position is thought to be supportive of the stem cell state (stem cell niche), but stem cells moving up to position 5 or above are induced to commence a differentiation program. Most of their progenitor offspring supply cells to the villus, but Paneth cells and a subset of other cell types migrate back down into the stem cell zone or below it (58). In the gastric glands, cellular proliferation is confined to the middle portion of the tubule, and cells are thought to migrate bidirectionally to supply cells to the gastric surface and the base of the gland (80). In the colon, although the same concept of basally sited stem cells has also been proposed, bidirectional migration may also occur here (97).

There remains a lack of specific markers to definitively identify stem cells in situ, although some of the characteristics have been inferred from morphological and lineage tracing analyses (9). Additionally, in the stomach, labeling studies with thymidine analogs have identified a highly proliferative zone near the isthmus of the gland, and electron microscopic studies have presumed immature looking cells in this region. Studies from other stem cell systems indicate that adult stem cells in general were either in a prolonged quiescent state or extremely slow cycling (68, 69, 78). Therefore, long-term label retention was developed to assist localization of putative stem cells, referred to as label-retaining cells (LRCs), and LRCs or putative intestinal stem cells to a position of four cells up from the crypt base, directly above the Paneth cell zone (one refers to this cell type as a +4 LRC) (79). Until recently, this slow cycling +4 LRC was generally accepted as the putative intestinal stem cell (Figure 2) (58, 80).

Recently, a single marker, Lgr5/GPR49, a leucine-rich orphan G protein-coupled receptor, was identified to specifically label stem cells in the mouse small intestine in the crypt base columnar (CBC) cells between Paneth cells (6). This research has reactivated the still unsolved discussion over the location of intestinal stem cells. Such experiments, which locate stem or progenitor cells in the gut, are done via lineage tracing studies. By engineering mice with a tamoxifen-activated version of Cre recombinase knocked into the specific locus, one can induce an irreversible mark in the DNA of cells that allows genetic tracing of their lineage. This elegant technique allows one to characterize true stem cells (entire crypt will be marked forever) and progenitor cells (crypt loses the marker with complete renewal) but has technical limitations related to the Tamoxifen induction, possible unknown effects of the marker gene on stem cell fate, and a lack of the ability to estimate the asymmetric and symmetric cell division.

Studying cell renewal on induction of Cre recombinase activity, Lgr5 cells appeared to be multipotent for all mature intestinal epithelial cells, to undergo self-renewal, to persist for several months, and to be resistant to irradiation. Thus these cells at least possess intestinal stem cell characteristics, proliferate rapidly, and thus stand in contrast to the previously held belief that adult stem cells are slow cycling or maintained in a prolonged quiescent state. Assuming a quiescent intestinal stem cell would explain the intestines’ resistance to radiation, but the fact that the Lgr5 cells are actively proliferating and also resistant to radiation are two characteristics that are still unresolved discrepancies. It is difficult to imagine that stem cells undergo replication so often and would therefore be more likely to develop and accumulate mutations. Nevertheless, when crossed to APCmin mice, Lgr5 expression was restricted to a small number of cells within large adenomas, in contrast with other Wnt target genes, which typically exhibit a uniform high-level expression throughout these tumors. Lgr5 therefore also marks a limited population of cells within colon cancers, which might be cancer stem cells (5).

The more recent identification of another marker for at least a subset of gastric progenitors used a tagged allele of the endogenous villin promoter to visualize single β-galactosidase-positive cells located in the lower third of antral glands (81). Although this rare and quiescent gastric progenitor cell population is most likely not the true stem cell in the antrum, it shows an impressive proliferative response to inflammation (IFNγ injections, radiation) and therefore fits the description for a type of potential progenitor population that could be mobilized to undergo symmetric division to amplify stem cell numbers after noxious insult. In the antrum of adult mice and human beings, the majority of glands are functionally monoclonal (63). The resolution of a mixed gland to a monoclonal state is promoted by gland fission, which is when the gland bifurcates, producing two daughter glands, each with half of the stem cell census of the original (55). Inflammation and/or cell proliferation seem to be responsible for the signal that initiates gland fission, and it has been reported that intestinal crypts divide in response to a doubling of stem cell number. In intestines of mice carrying a conditional phosphatase and tensin homolog (PTEN) deletion, stem cell numbers are increased, and this appears to directly promote crypt budding as well as crypt fission (34). Since the rate of crypt fission is greatly increased with inflammatory states given in Crohn’s disease, ulcerative colitis, and gastritis, representing potentially premalignant conditions, it is intriguing that villin marked progenitor
cells increase with inflammation (IFNγ injections) and seem to promote fission of the gland carrying the recently divided villin marked progenitor cells.

In another investigation of gastrointestinal stem cells, Sangiorgi and Capecchi characterized the progeny of crypt Bmi1-positive cells using the same lineage tracing strategy (85). Bmi1 encodes a chromatin remodeling protein of the polycomb group that plays essential roles in self-renewal of hematopoietic and neural stem cells. Activation of Cre recombinase expressed from the Bmi1 locus in this study consistently marks long-lived cell clones (>12 mo) populated by all intestinal lineages and serves as a specific marker of a cell population located at the +4 position of the crypt. Furthermore, ablation of Bmi1+ cells by targeted expression of the diphtheria toxin depletes the epithelium of whole crypt units. Thus expression of Bmi1 also identifies intestinal stem cell candidates. The induction of cancer in adult animals via stabilized β-catenin expression in these cells again indicates that tumors arise from multipotent cells in the intestine.

One other study characterized the progeny of K19-positive epithelial cells using the lineage tracing strategy. The K19 marked cells appeared to distribute randomly all over the intestinal epithelium at early time points after Cre recombinase induction and marked nearly the complete epithelium after longer time period, thus indicating that crypts are at least monoclonal and arise from one progenitor cell that can be marked with K19 (64).

Many studies have identified molecules that could be candidates for specific stem cell markers, for which lineage tracing has not been carried out so far. For example, Musashi-1 expressing cells include +4 LRCs and CBCs (49, 67). Although Musashi-1 functions as a messenger RNA binding protein and inhibits transcription of mNumb, a Notch signaling pathway inhibitor, it most likely does not play a functional role in intestinal stem cell or progenitor cell regulation or intestinal differentiation. sFRP5, a Wnt signaling antagonist known to be expressed in quiescent skin stem cells, is also present at the mRNA level in +4 cells (29). In addition, PTEN and P-Akt, as well as P-β-catenin are predominantly expressed in +4 LRCs (34, 35).

In another study, a promising new putative stem cell marker, doublecortin, and CaM kinase-like-1 (DCAMKL-1), a microtubule-associated kinase that was known to be expressed in neurons, was discovered in gut epithelial progenitors (27) but has not been lineage traced so far. These cells were retrieved by laser capture microdissection of cryosections prepared from the corpus of the stomachs of germ-free transgenic mice with an engineered, attenuated diphtheria toxin A fragment-mediated ablation of their parietal cells. Dcamkl1 marks single cells adjacent to the isthmal stem cell niche of gastric units (+4 LRC). Solitary Dcamkl1-positive cells do not express biomarkers associated with differentiating members of the enteroendocrine parietal or pit cell lineages but co-express glycan recognized by the neck cell-specific lectin GSII. Moreover, the fractional representation of Dcamkl1-positive cells was increased in parietal cell-deficient mice (Apnb4-tox176 mice), which shows an increased proliferation of gastric epithelial lineage progenitors. Dcamkl1-positive cells were juxtaposed to rapidly cycling Brdu+positive progenitors but were quiescent themselves. Another recent study also identified DCAMKL-1 in the intestinal stem cell zone (+4 LRC) and observed stem cell apoptosis and mitotic DCAMKL-1-expressing cells 24 h after irradiation (61). Moreover, in APC/min mice, DCAMKL-1-expressing cells were not among the proliferating cells, and nuclear translocation of β-catenin distinguished normal and adenoma DCAMKL-1 positive cells.

“The classical theory that epithelial cancers such as gastric carcinoma arise from resident epithelial cells dates back to the 19th century and can be attributed to the work of Waldeyer.”

It is indeed confusing that different markers characterize different types of intestinal stem cell candidates, which all fulfill some of the criteria of stemness. Lineage tracing studies so far have identified one intestinal stem cell candidate with the quiescent feature of adult stem cells at the +4 LRCs region (Bmi1), whereas other studies based on functional and genetic evidence have pointed on cells within the crypt base columnar cells (Lgr5) or in the bottom third of the crypts (villin). It is possible that a substantial fraction of Lgr5+ cells may also score positive for Bmi1, villin, and likely K19 expression. Another notable difference is that Lgr5 and villin are expressed throughout the gastrointestinal tract, whereas Bmi1 expression is restricted to the most proximal half of the small intestine.

In a recent review, David Scoville et al. proposed a model of two types of gastrointestinal stem cells: quiescent stem cells at the traditional +4 locations in a prolonged quiescent state, reflecting their inhibitory microenvironment, and the active Lgr5 positive stem cells, representing a population of stem cells more ready to respond to stimulating signals generated from adjacent mesenchymal cells (86). Whether it may be that, in rapidly renewing adult tissues, two stem cell compartments coexist and work coordinately has to be investigated. Nevertheless, the more active stem cell type could serve to maintain the regenerative capacities of these tissues under homeostatic conditions, whereas the other, less affected by environmental stress because of its quiescent state, is held in reserve.

In summary, there has been some progress in identifying gastrointestinal stem or progenitor cells that
can contribute to intestinal carcinogenesis. The most important task for future studies will be to find one or multiple markers for the genuine long-lived gastrointestinal stem cell populations and distinguish them from short-lived progenitor cell populations. In addition, further work is needed to clarify the role of bone marrow-derived cells, which have been demonstrated in the stomach to contribute to carcinogenesis arising from chronic inflammation. Nevertheless, the possibility that epithelial and bone marrow-derived stem cells are related or even inter-changeable needs to be considered. The link between inflammation and carcinogenesis is not completely understood but seems to be a consistent predisposing factor. Although there has been some progress, there is still a need for further detailed examination of the underlying mechanisms to initiate carcinogenesis and promote tumor progression.

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